



Christ Enthroned in Man —5— Love

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Chapter 5

Affirmation: Jesus Christ is now here raising me to His consciousness of infinite love, and my soul is filled and satisfied.

(This exercise should be used in conjunction with the study of the 5th chapter of *The Twelve Powers of Man*, by Charles Fillmore.)

Jesus Christ was a carpenter. His mission on earth was to construct a spiritual body temple, to unfold a spiritual soul, and to teach men the spiritual laws involved, in order that they might follow Him.

We are apprentices in Jesus Christ's workshop. Every day we are working to unfold soul qualities like those expressed by the Master; soul qualities that make us always lovable, strong, pure, and perfect. We know that the body is the fruit of the soul and that as we unfold spiritual qualities within the soul, the body goes through a process of refining, of upliftment. This process must continue until we demonstrate bodies fashioned after the pattern of His glorious body.

In this lesson we take up the thought of divine love. In the spiritual body the love center is the heart, symbolized by Jesus disciple John. John loved the Master. During Jesus' journeys with His disciples through Palestine John was almost continually by the Master's side. Even when Jesus was crucified and all the other disciples fled, John was not far from the Master. While John was an exile on the island of Patmos, he was "in the Spirit on the Lord's day" and was lifted up in consciousness until he beheld a vision of the perfect man Jesus Christ in all His glory. Thus love beholds the transforming, uplifting power of the Christ.

Love, the attribute symbolized by the disciple John, holds soul and body together. Love is the attractive force that draws our good to us according to the depth and strength of our realization of love.

A number of years ago I went into the foothills of the Ozarks on a vacation. I stayed in a wonderful little home near a forest. The hearts of the people who dwelt in this home were filled with love for the birds, the squirrels, and all the other creatures of the forest.

They called the creatures “the little people of the forest” and were continually trying to win their friendship. It was a source of pleasure to these people to give food and shelter to the little people of the forest”; such action dissolves any tendency toward personal selfishness. They built birdhouses, and they put out food and water even in summertime. They won the confidence of a redbird. First he flew down onto the porch and ate the crumbs placed there; then he came to the open doorway for food, and finally he came stepping into the kitchen. His visits were a joy to all the household.

I believe that in befriending the forest creatures these people were unfolding the faculty of unselfish love, which is of far more value in soul unfoldment than a course in the best college.

Just as these gentle people won the hearts of the forest birds, so God must win our heart. But we must know what God is before we can love Him. The path that leads to true soul unfoldment leads to adoration of the great cause of all. We learn to adore God when we find that He is a God of love, willing to pour out His good upon us and to befriend us in every way. Just as the confidence of the wild creatures of the forest is won through love, so God through love is gently wooing us. God does not force or suppress the wild, uncultivated forces within the heart, but He gently opens avenues through which these forces may express themselves constructively.

Let us bless the parents of the present day who love their children wisely and who are not suppressing them or trying to force them into a certain mold, but are allowing them to be guided and directed by the indwelling Christ. Many persons today, as a result of being forced or suppressed in their youth, have hard, unyielding places in the subconscious mind that do not give up readily to the power of the word. Our heart must be won for God. This winning is easy when we learn to know God as under the law of love. The rushing, jostling life of today forgets love. Let us remember love. Let us endeavor always to cultivate this wonderful faculty. Just as John radiated love, so let us radiate it. Let us feel the warm love of Jesus Christ in our heart. Let us realize love and send out thoughts of love until we are lifted above all thought of materiality.


In a magazine some years ago there was an article in which the author stated that the actors in the movies of that day often employed music to awaken their inner powers before appearing before the camera. Each had the music that he loved best: Thomas Meighan would have nothing but Irish jigs; Will Rogers listened to ukulele music; Pauline Frederick used but one tune, “Rockaby Baby”; Irene Rich listened to Scotch ballads played on the violin. Often these persons had to wait for hours in their make-up before they were called on for their parts, but each one knew how to arouse his emotional nature by listening to the music that he loved best.

The music that we love best is the joyous, triumphant voice of the Christ singing through the inner recesses of our soul. The loving voice of the Christ awakens in us the spiritual powers that strengthen, uplift, and redeem.

For the exercise in the silence first follow the outline given in Chapter I. Repeating the Lord's Prayer, with the presence of the Holy Spirit at the great nerve center back of the heart and stomach, give the indwelling Christ opportunity to command, through love, the twelve faculties and to direct them in regenerative processes. Then continuing to dwell at the point designated, take up this thought:

 I have faith in the supreme power of love.

Love and wisdom always should go hand in hand. Next allow the light of Spirit to descend into the heart and then to the pit of the stomach, at the wisdom center. At each point hold this thought:

 Divine love and wisdom are united in me. I will sing of loving-kindness and of justice.

Then allow the Presence to descend into the renunciation center, lower end of spinal column. Here hold this thought:

 The forgiving love of Jesus Christ cleanses, purifies, and redeems me.

Then follow the Presence to the heart center and realize that the law of love is written in your heart. Try to imagine the deep, tender love of the Almighty that must have filled the heart of Jesus when He said, "I and the Father are one." Realize that in spirit, soul, and body you are made perfect through the power of divine love.

But always bear in mind that love and wisdom must find expression through the conscious mind. With the I am expressing itself at the point designated as the solar nerve center, and realizing that all the windows of your soul are open toward the spiritual center (crown of head), know that the conscious mind (front forehead) is aware of your new spiritual realization and is using it freely in contact with your word; that you are expressing the love of God in all your ways; and that your spiritual realizations shine out through your eyes and express themselves in your voice. Close the exercise with the Lord's Prayer, the attention being still kept at the point designated as the great solar nerve center.

"If I speak with the tongues of men and of angels, but have not love, I am become sounding brass, or a clanging cymbal. And if I have the gift of prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but have not love, I am nothing. ... Love suffereth long, and is kind; love envieth not; love vaunteth not itself, is not puffed up, doth not behave itself unseemly, seeketh not its own, is not provoked, taketh not account of evil; rejoiceth not in unrighteousness, but rejoiceth with the truth. ... When I was a child, I spake as a child, I felt as a child, I thought as a child; now that I am become a man, I have put away childish things. For now we see in a mirror, darkly; but then face to face: now I know in part; but then

shall I know fully even as also I was fully known. But now abideth faith, hope, love, these three: and the greatest of these is love.”



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